CSUP Support for School Administrators and Teachers

1. Evidence-based curriculum
   1. Refer to List of Cannabis Model Programs
      1. Smart Talk Stanford (We recommend) for both Cannabis and Fentanyl harms, will need to create some curriculum regarding harms from all substances (Erika and I can assist with this).
      2. We recommend either continuing or also using Stanford Toolkits Educational Curriculum on Tobacco/Vapes.
2. Aiding with assembles, activities, or other types of presentations
   1. Pledges
   2. Red Ribbon Week and other National Substance use Awareness Events
   3. Speakers
3. Parent presentations, booths, events
   1. Back to School Night
   2. Parent/Teacher Conferences
   3. Other (cost money)
      1. FAST Track
      2. Strengthening Families
4. Social media marketing campaign (QUIN CHB)
   1. Stronger than the Substance
      1. Youth, Parents/Mentors, Community
      2. Insta, YouTube Ads, Facebook, TikTok
5. Staff or School Leader Support
   1. Training for School Staff
   2. Policy review and support
      1. Alternative to suspension
      2. Screening, Brief Intervention, Referral to Treatment (SBIRT)
      3. Review of substance use policies in general
      4. Referral to treatment for students
6. Youth engagement
   1. QUIN Youth Substance Use Advisory Board
      1. 2 youth from each county
         1. One MS, One HS
         2. One Female, One Male
      2. Mentoring program (TBD)
      3. Afterschool program (TBD)
7. Data and evaluation
   1. Interpret trends, hand out data to parents and families
8. Finding grants (especially for CSUP initiatives that may cost money)
9. Providing education (if there are no dedicated staff)
   1. Teaching the curriculum to the kids directly

Please remember that we are here as a resource, not to add more to your plate. Think of us as a partner that is here to help you with what really matters – students and families. If you have any questions, please email [magriechen@penningtonmn.gov](mailto:magriechen@penningtonmn.gov) or call 218-681-0876.