



## **Pennington & Red Lake County Public Health & Home Care**

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### **POSITION DESCRIPTION**

## **Maternal Child Health Nurse**

**REPORTS TO:** Public Health Director

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#### **BRIEF DESCRIPTION OF POSITION:**

Utilizing professional nursing skills and knowledge, assesses health status and psychosocial needs of individuals and families in homes, clinics and other sites. Assist clients to achieve improved pregnancy outcomes and promote optimal maternal and child health. The primary components include prenatal and postpartum outreach, assessment and follow-up visits, developing plans of care for mother and baby, support for families experiencing pregnancy and infant loss, skilled nursing care and delegated medical functions, monitoring health status, identifying health problems and making referrals for appropriate care, coordinating, facilitating access to services, support and advocacy for individuals and families.

Serve as a Public Health resource in areas of maternal and child health for Human Services, schools, other health care providers and professionals and the general public. Performs lactation counseling, information and referral, health history, and assessments. Provides Child Passenger Safety education and Car seat installment checks as a Certified Car seat technician. Provides community assessment, interagency collaboration, and disease prevention and control activities, with very limited or no direct supervision, but in accordance with the Minnesota Nurse Practice Act. Documents all care and activities in appropriate documentation systems.

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#### **RESPONSIBILITIES & DUTIES:**

1. Assesses and evaluates the health status of women, infants and children, families in homes, clinics and other sites in the community.
2. Based on assessment, provide Evidenced Based Home Visiting, observation, re-assessment, health counseling and teaching, within the Nurse Practice Act and agency policies, developing plans of care and coordinating services for individuals and families with health risks and concerns.
3. Develops and maintains ongoing communication network with community groups and referral resources to provide information on available services and promote appropriate referrals.
4. Participates in the development of health education programs in the community and presents programs in a variety of settings relating to maternal and child health issues, as needed.
5. Carefully documents all nursing care, teaching, assessments, interventions, and supervision in the client medical record, through appropriate computer records and written reports.
6. Prepares necessary reports for daily activities, time and expenses accurately and timely.
7. Participates in professional development to maintain and increase knowledge and skills consistent with professional standards of nursing practice to meet legal requirements for registered nurse licensure.



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8. Organizes and participates in community screening activities as needed and participates in community assessment and evaluation activities.
9. Participate in quality improvement and performance management activities.
10. Other duties as assigned or apparent.

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### REQUIREMENTS:

1. Graduate of National League for Nursing Accredited 4-year college or university with a Bachelor of Science or Arts Degree in Nursing with a minimum of 4 years' experience preferred as a current Licensed Registered Nurse or Certified Public Health Nurse; **OR** Graduate of a 2-year Associate Nursing Degree program with a minimum of 8 years clinical experience preferred as a Registered Nurse.
2. Experience in maternal, pediatric, or public health nursing.
3. Experience with at-risk, problem pregnancies and at-risk families preferred.
4. Independent decision-making and assessment experience.
5. Certified Lactation Specialist/Certified Lactation Consultant or willingness to obtain.
6. Certified Car Seat Technician certified or willingness to obtain.
7. Thorough knowledge of and evidence of population-based practice experience with Public Health Principles and Interventions.
8. Considerable knowledge of community resources and health care delivery systems.
9. Ability to develop and maintain cooperative and effective communication and working relationships with staff, community, other health care providers, and the general public.
10. Excellent critical thinking, assessment and independent decision-making skills.
11. Effective verbal and written communication and cultural competency skills.
12. Strong belief in health promotion and prevention of disease.
13. Flexibility and positive approach to problems and people.